

# About You

Get 24/7 access at home and on the go – anywhere, anytime.

---

1

## Register at Work:

- You must register from a work computer - it only takes a few minutes.
- Go to <https://vzsp.verizon.com>
- You will need your Single Sign On (SSO) ID and password
- Don't have computer access at work? Your supervisor can help

*(If you already have Verizon Security Profile (VSP), please move to Step 2)*

---

2

## Log on from Home. It's Simple:

- Go to [www.verizon.com/aboutyou](http://www.verizon.com/aboutyou) from home or any computer with Internet access\*

*\*This is your personal info. Keeping it safe and confidential is your responsibility. Always remember to log off.*

---

## Get it done anywhere, anytime!

**about you** on the Internet means that you can access your information whenever you need to, and make the best decisions for you and your family. Check out some of what you can accomplish by using **about you** on the internet:

### Buying or Refinancing your Home?

- Print your W-2
- Complete your Employment Verification

### Prepare for Tax Season

- Print your W-2
- View your W-4 withholdings

### Be Well, Stay Well, Take Action

- Find an Online Health Coach
- Start an Exercise Program
- Review your Medical Plans

### Manage your Vacation Balances

- Check your available time off

### Review your Total Rewards

- Review your 401(k) Savings Plan
- View your Paystub

### Employee Discounts

- Save with major retailers, auto, travel, events & attractions and moreView your Paystub